



Introducing a breakthrough innovation for
BETTER SLEEP
with LED Biologically-Corrected
Lighting Solutions

Good Night LED



Good Night

For gently soothing to sleep

The proprietary LED source works with your body's natural circadian rhythm. Other lights are more disruptive and don't support natural melatonin production.

800 LUMENS BRIGHT	12w REPLACES 60w BULB	5 YEAR WARRANTY	\$1.45 COST PER YEAR
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Good Night light bulb helps you

GET A BETTER NIGHTS' SLEEP

- Supports your body's natural melatonin production.
- Regular light bulbs suppress melatonin - our light emits less "blue" than others..
- Used by NASA to help astronauts sleep in space.



A19 60W Equivalent
LED lamp



+ Shatter-proof

+ Stays cool

+ Uses less energy

What Experts Say About Good Sleep:

A lack of rest can lead to exhaustion, and you may have heard it can raise your risk of serious health problems, such as heart disease, and type 2 diabetes.

— Dr. Michael Breus, PhD, "The Sleep Doctor"

The light to which we're exposed from dusk until we go to bed at night has actually had a profound effect.

— Dr. Charles Czeisler, MD, Chief, Division of Sleep Medicine, Brigham and Women's Hospital

Light works as if it's a drug, except it's not a drug at all. Light sets the body's internal clock to a 24-hour cycle regulating an estimated 10% of our genes.

— Dr. George Brainard, PhD, neurologist and director of Light Research Program at Thomas Jefferson University

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